

4 THINGS TO FOCUS ON RIGHT NOW



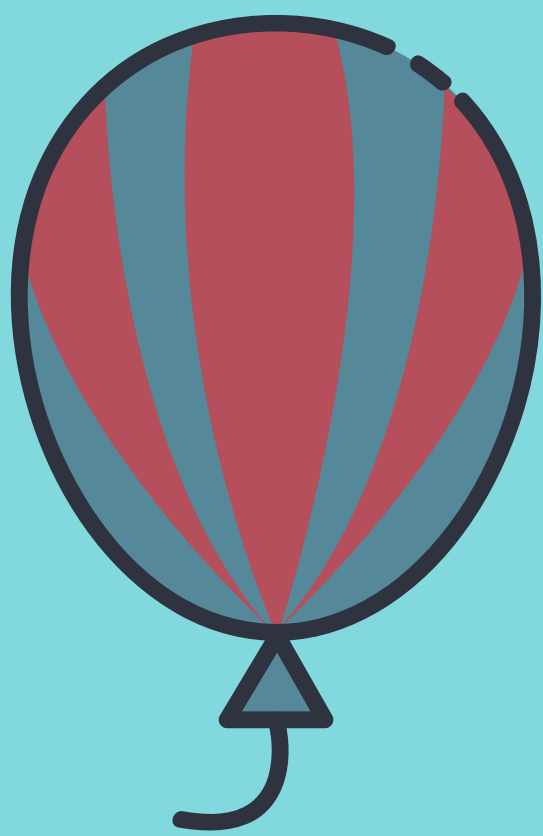
CONNECTION

Despite the uncertainty around us in our world, let connection right now reign supreme.



CALM

Do whatever YOU need to do to bring a sense of calm into your day. Ask your child what helps to calm them down.



CHARACTER

Use this time to continue to work on helping your child's character develop (and your own!).
Chat openly and often.



CURIOSITY

Where possible, encourage curiosity. Engage with and facilitate delight directed learning.