

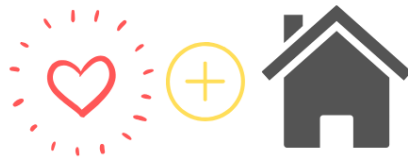


HELP... I'M

homeschooling

MY KIDS!

That Homeschool Life



- CELEBRATING A LIFE LEARNING AT HOME

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acknowledge.



It's 2020. WHAT THE HECK HAS HAPPENED?

It's 2020. None of us expected to be here.

How can I cope with this new homeschooling situation I am in?

- Acknowledge this is hard and different.
- Make a note that you have done hard things before and that you can do this too.
- This is a season that will pass.
- Be gentle with yourselves.



Remember

THAT

THIS IS NEW FOR EVERYONE.

Let's come up with a plan to make the most of
each day.

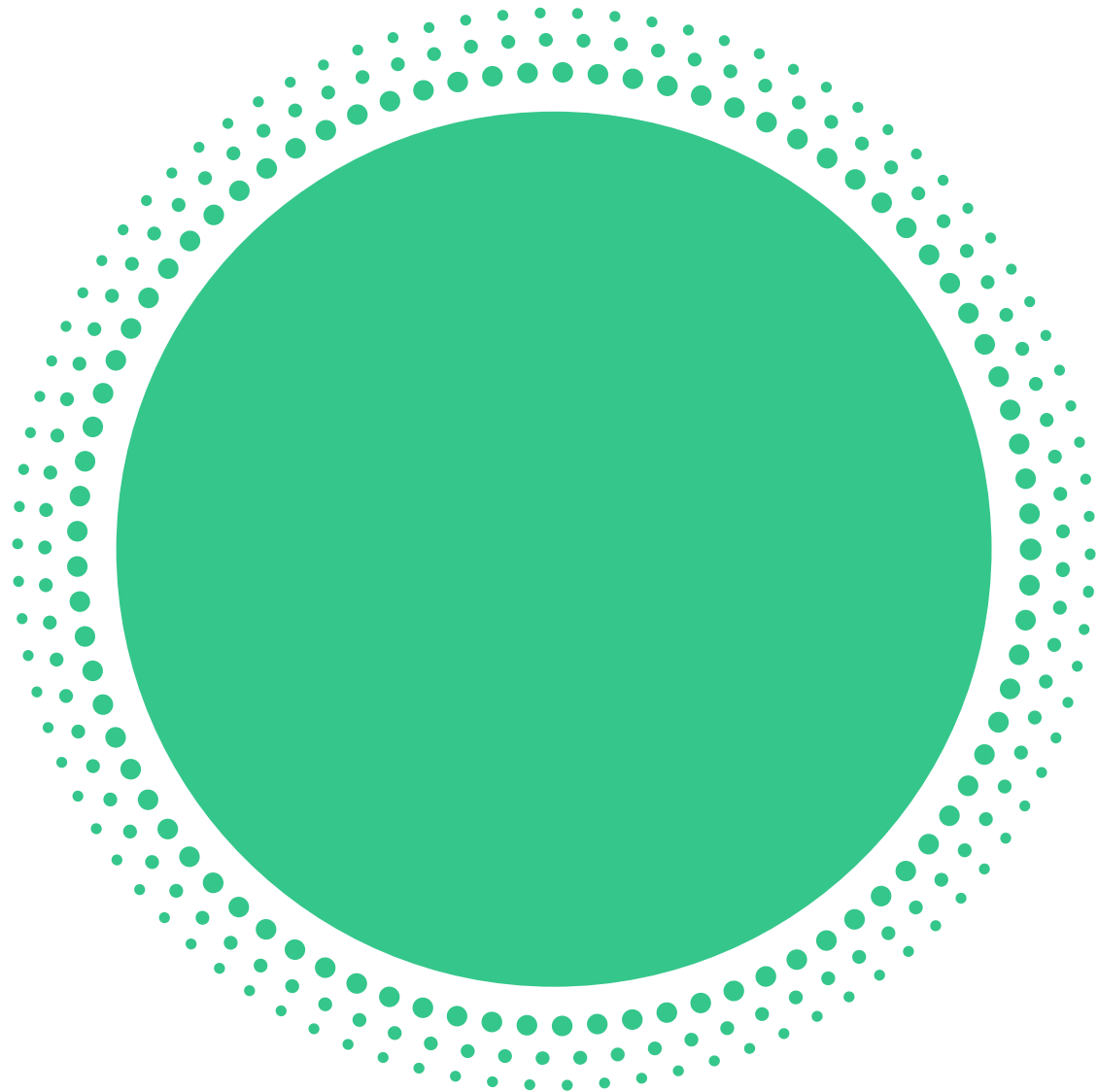


Short term vision.



Short Term Vision:

Come up with a vision statement that embodies what you hope to achieve in this season. Write it here:





ANCHORS & RHYTHMS

Anchors & rhythms are things that you do to help remind you of your vision, keep you grounded. You do these to shape your life with a rhythm.

Daily Anchors:

Weekly Anchors:



YOUR MUSTS

Make a list of 'musts' that just have to happen each day. Evaluate if its necessary for them to happen in a particular order/time. Make a visual. talk about it.

My MUSTS:

Our MUSTS:



KNOWING MY KIDS.

Things to think about:

- How do my kids learn best?
- Does my child receive love and connection in a particular way?
- There is value in simple connection, clear communication & character development during this time
- Is there something my child struggles with?
- There is power in empathising with our kids
- What kind of personality does my child have? Introvert vs Extrovert time to restore
- What cup filling does my child need?



KNOWING ME.

Things to think about:

Now ask all those same questions above but about yourself. Take time to think and journal your answers down below.





Remember THAT

**THIS IS A SEASON
HAVE A SHORT TERM VISION
ACKNOWLEDGE & EMPATHISE - THIS IS
HARD
THINK ABOUT ANCHORS AND RHYTHMS
WORK OUT THE MUSTS FOR YOU AND
YOUR FAMILY
CONSIDER LEARNING STYLE/LOVE &
CONNECTION, STRUGGLE POINTS,
COMMUNICATION & CHARACTER
PERSONALITY TYPES
CUP FILLING**

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